

# The Marriage Check-Up Quiz

Take this quiz separately. Use the 1-5 scale to respond to each of the statements below, go with your first response and don't try to answer where you want to be but where you feel your relationship is right now. There are no right and wrong answers.

This quiz is intended as a discussion starter for you and your spouse. Share how you answered and why.

Strongly Disagree	Disagree	Undecided	Agree	Strongly Agree
1	2	3	4	5

- \_\_\_\_\_ 1. **My spouse is a good listener and allows me to share my thoughts and feelings openly.**
- \_\_\_\_\_ 2. **Our marriage is a priority: we talk daily, going on dates weekly, and get away together alone twice a year.**
- \_\_\_\_\_ 3. **I feel confident my spouse supports me in my role of being a man of responsibility/cherished woman as God created me to be.**
- \_\_\_\_\_ 4. **My spouse supports me in pursuing my dreams and God-given talents.**
- \_\_\_\_\_ 5. **My spouse is understanding of my weaknesses and quick to forgive.**
- \_\_\_\_\_ 6. **While we may have differing approaches, I am comfortable with the way we work together to handle our finances in a Godly way.**
- \_\_\_\_\_ 7. **Our sex life is satisfying to me and continues to improve over time.**
- \_\_\_\_\_ 8. **I do not allow other relationships to take priority over my marriage relationship.**
- \_\_\_\_\_ 9. **(If applicable, for parents) I feel we work together as a team to raise our children with love and discipline.**
- \_\_\_\_\_ 10. **(If applicable, for those in ministry) I believe we do not allow the extra challenges of ministry to negatively impact our marriage.**



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